



**International Conference on Latest Trends in Science, Engineering,
Management and Humanities (ICLTSEMH -2025)
19th January, 2025, Noida, India.**

CERTIFICATE NO : ICLTSEMH /2025/C0125241

Impact of Parenting Quality on Children's Social Well-Being

Ambika Devi VA

Research Scholar, Ph. D. in Sociology, Mansarovar Global University, Sehore, M.P., India.

ABSTRACT

Parenting quality plays a vital role in shaping children's social well-being. It directly influences how children form relationships, manage emotions, and develop empathy and communication skills. High-quality parenting—characterized by warmth, consistent discipline, emotional support, and active involvement—creates a secure environment that fosters a child's confidence and trust in others. Children raised in such nurturing environments are more likely to exhibit prosocial behavior, cooperate with peers, and develop healthy friendships. Conversely, low-quality parenting marked by neglect, harsh discipline, or emotional unavailability can lead to social withdrawal, aggression, and difficulties in interpersonal relationships. Effective parenting also includes modeling respectful social interactions, teaching problem-solving skills, and encouraging open dialogue, which helps children learn how to navigate social challenges. Moreover, parental involvement in school activities and community engagement reinforces a child's sense of belonging and social competence. Studies have shown that children with supportive parents are more resilient, emotionally balanced, and socially adaptable. In contrast, inconsistent or authoritarian parenting may result in low self-esteem, poor peer relationships, and behavioral problems. Thus, parenting quality not only affects children's immediate social experiences but also their long-term ability to build meaningful relationships and integrate into society successfully.